

# RYDGES

CAMPBELLTOWN



## AQUAFIT FACT SHEET

REFRESHINGLY LOCAL

[RYDGES.COM](http://RYDGES.COM)

## AQUAFIT

Aquafit is a multi-award winning, state-of-the-art health, fitness and wellbeing facility located within the Rydges Campbelltown hotel precinct.

Aquafit boasts two heated indoor swimming pools including a 25 metre, six-lane fitness pool, separate program pool with spa and an entire level dedicated to cardio equipment and weights.

### Trading Hours

Monday to Friday: 5am – 9pm  
Saturday: 6am – 6pm  
Sunday: 7am – 6pm  
Public Holidays: 8am – 6pm



## Price List

### General Access Rates

Gym Floor & Pool Area	Complimentary for all hotel guests
Steam Room	Complimentary for all hotel guests

### Private Bookings and After Hours

#### Group Pool Session

Price on application

#### Gym Floor (cardio & weight areas)

Price on application

#### Cycle Studio (inclusive of instructor)

Price on application

#### Fitness Studios

Price on application

### Booking Procedures & Conditions

- A minimum of 48 hours' notice is required for all private booking requests within normal trading hours. After hours access requests require a minimum of 7 days notice.
- All requests for private bookings must be directed to your Hotel Coordinator via email.
- All private booking requests are subject to availability and will be confirmed in writing by your Hotel Coordinator.
- Swim caps must be worn by all guests when utilising the pool facilities. The hotel can arrange supply of these for an additional fee.
- Towels must be used at all times within the gym facility. The Hotel can supply 1 towel per person complimentary. Additional towels can be quoted on request.
- Cancellation within 24 hours may incur a fee.